



# AMERICAN LEGION

## - POST 711 -

### TENTH ANNUAL

# VETERANS DAY

# 5K RUN & WALK

**Date:** Saturday - November 9th, 2024, 8:00 AM Start

**Location:** American Legion Post 711 106 South Juniata Street, Blue Grass, Iowa

**T-Shirt Sizes:** Youth M-L, Adult S - XXL

**Registration Categories:** 5K Run / Walk, Family 2k Walk

**Fees:** Veterans: \$15      Adult (16+): \$25      Under 15: \$20

Everyday Heroes (Teachers, Fire, Police, EMS): \$20

**Late Fee:** +\$5.00 after Midnight, 20 October 2024

**Packet Pickup:** Registration will be accepted through the day of the race. Packets can be picked up at American Legion Post 711 in Blue Grass on November 8<sup>th</sup> from 6 to 7:30 PM and the day of the race.

**Race proceeds will be used to fund Children and Youth Programs, and Veteran Programs in Blue Grass and Scott County**

**Contact:** For Questions or you want to volunteer, call American Legion Post 711 at 563-381-4380 and leave a message or via email: [ialegion.post711@gmail.com](mailto:ialegion.post711@gmail.com)

**Facebook:** [www.facebook.com/ialegion711](http://www.facebook.com/ialegion711)

**Veteran's 5K Run/Walk Mail In Registration**

Mail to: American Legion Post 711, 106 S. Juniata St. Blue Grass, IA 52726

**Name:** \_\_\_\_\_ **Address:** \_\_\_\_\_ **City:** \_\_\_\_\_  
**State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Age on day of race:** \_\_\_\_\_

**Shirt size:** \_\_\_\_\_ **Event (Circle one):** 5K Run/Walk      Family Run/Walk

**Run Category (Circle one):** Veteran      Everyday Hero      Adult (16+)      Under 15

In consideration of this entry, I intend to be legally bound, for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims which may hereafter accrue to me against the officials of the run, and all sponsors for any and all accidents or injuries incurred by me at this event and while traveling to and from this event. I further state that I have trained adequately and am in suitable athletic condition to compete in the race I have entered.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ **Email:** \_\_\_\_\_

(Legal Guardian signature required if entrant is under 18)